

17 de MAIO



1<sup>st</sup> International Congress on Health Literacy  
Paradigms and Knowledge in “diverse” contexts

Comunicações Orais e Posters

Programa / Agenda

9h00

Sala 4 / Room 4

Literacia para a saúde e aprendizagem ao longo da vida  
Literacy in health and lifelong learning

Moderadores / Moderators

Prof. Maria João Esparteiro  
Student Cristiana Silva

**O28 - Health literacy in elderly population (Abstract 19)**

A Maia | A Costa

**O29 - Portuguese knowledge about Palliative Care (Abstract 46)**

I Santo | A Querido | H Catarino | MS Lopes | MA Dixe

**O30 - "1 Minute of Health", a Daily Radio Health Show to increase Health Literacy (Abstract 60)**

A Fernandes | A Marques | A Vicente | M Faria | T Rosa | C Dias | R Magalhães

**O31 - Cardiac Rehabilitation: A challenge for Health literacy (Abstract 59)**

C Alexandre | C André | J Santos | S Medeiros | S Santo

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Sala 7 / Room 7

**Tecnologia e Inovação na promoção da literacia para a saúde**  
**Innovation and Technology on health literacy promotion**

**Moderadores / Moderators**

Prof. Mário Silva  
Student Sofia Caneira

***O32 - Informotherapy - the "active ingredient" of medical tourism (Abstract 43)***

A Reis | M Frazão | P Jorge | S Alexandre

***O33 - Literacy and Health Wearables: changing behaviours through credible strategies (Abstract 54)***

J Madeira | F Madeira

***O34 - The needs expressed by adolescents about health literacy on the web platform "Your PEL" (Abstract 76)***

P Guia | A Spínola | I Barroso | H Dias

***O35 - Non-technical skills in nursing education: construction and development of a high-fidelity simulation-based course (Abstract 33)***

S Pires | S Monteiro | A Pereira | D Chaló | E Melo

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Sala 6 / Room 6

**Literacia em saúde, bem-estar e qualidade de vida**  
**Health literacy, well-being and quality of life**

**Moderadores / Moderators**

Prof. Alcinda Reis  
Student Pedro Silva

***O36 - Adolescents and harmful consumptions: what do they know? A scoping review***  
**(Abstract 74)**

C Correia | F Fernandes | M Correia | H Dias | J Amendoeira | M Silva

***O37 - Higher education students' literacy for antioxidant vitamins and healthy food choices***  
**(Abstract 38)**

FS Calixto

***O38 - A research about food habits done by higher education students with special educative needs***  
**(Abstract 5)**

E Linhares | B Cavadas | C Guimarães | D Maurício | D Rosário | I Alves | M Dias | MP Santos | ML Mota  
| M José | N Santos



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*Sala Polivalente / Room Polyvalent*

**Desafios na literacia para a saúde**  
**Challenges in health literacy**

**Moderadores / Moderators**

Prof. Regina Ferreira  
Student Beatriz Matos

***O39 - Instruments to evaluate alcohol consumption in the pregnant women: a scoping review (Abstract 12)***

A Cândido | C André | T Carreira | H Dias | C Santiago | O Cruz | J Amendoeira

***O40 - Use of smoking cessation programs in the pregnancy-puerperal cycle: a scoping review (Abstract 14)***

C Santiago | H Dias | O Cruz | C André | A Cândido | T Carreira | J Amendoeira

***O41 - The importance of probabilistic health literacy (Abstract 20)***

C Santos | C Dias | M Borges

***O42 - Seasonal digital literacy (Abstract 50)***

A Costa | F Mata | C Silva | B Santos | M Arriaga

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Sala 5 / Room 5

**Desafios na literacia para a saúde**  
**Challenges in health literacy**

**Moderadores / Moderators**

Prof<sup>a</sup> Olímpia Cruz

Estudante Cláudia Correia

***O43 - The process of care in the field of sexuality: experiences of nursing students in clinical teaching (Abstract 30)***

H Dias | O Cruz

***O44 - Health sciences schools students knowledge about human papillomavirus (HPV) (Abstract 53)***

P Mendonça | R Abreu | I Ferreira | J Lopes | R Santos

***O45 - Literacy in family health as a preventive strategy for domestic violence: integrative literature review (Abstract 13)***

D Bernardino

***P16 - Students' attitudes toward the patient's sexuality versus the perception of their sexual life (Abstract 41)***

S Gomez-Cantarino | B Jerez | P Isabel | C Mosqueira | H Dias | E Caldeira | M Sim-Sim

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Sala 3 / Room 3

## Cuidados de saúde e literacia Health care and literacy

### Moderadores / Moderators

Prof<sup>a</sup> Aniceta Paz

Estudante Maria Carolina Silva

### ***O46 - Health literacy related to influenza-like symptoms among adults in primary care (Abstract 1)***

IM Correia | AS Flora | R Feliciano | S Quitério

### ***O47 - Literacy in health of a community that uses a health unit (Abstract 61)***

C Martins | A Corte | E Marques | P Silva

### ***O48 - Rehabilitation nursing care in promoting independence in the walk in people with neurological affection due to stroke (Abstract 21)***

C Cordeiro

### ***O49 - Nursing interventions that promote the active role of women in labor and delivery (Abstract 71)***

S Costa | H Dias | C Santiago



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*Sala Laboratório / Room Laboratory*

**Cuidados de saúde e literacia**  
**Health care and literacy**

**Moderadores / Moderators**

Prof. Teresa Carreira  
Student Marta Lavrador

***P17 - Nursing in the empowerment of the family caregiver of the aged in home context: a scoping review (Abstract 17)***

T Nóbrega | S Gaspar | B Tânia | I Marina | MC Figueiredo | C Godinho | A Spínola | S Ferreira

***P18 - The influence of alcohol in the practice of safe sex in adolescence (Abstract 65)***

A Abreu | B Matos | C Silva | MC Silva | H Dias | J Amendoeira | M Silva

***P19 - Nurses’ perception of home care palliative needs (Abstract 45)***

A Querido | C Afonso

***P20 - Cognitive impairment and verbal fluency: re-evaluation of the geriatric survey to Covilhã and the way health literacy limits patients choices (Abstract 72)***

F Fernandes | S Ferraz | J Gama | N Pinto | M Vaz Patto

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Sala 1 / Room 1

## Cuidados de saúde e literacia Health care and literacy

### Moderadores / Moderators

Prof. Anabela Cândido  
Student Rute David

#### ***P21 - Promoting healthy lifestyles in people with acute coronary syndrome: a continuous improvement project (Abstract 11)***

S Cascão | C André | M Carvalho | C Alexandre | C Oliveira | I Carvalho | V Raimundo

#### ***P22 - Health literacy challenges in neurodegenerative diseases: apropos a case study (Abstract 32)***

I Sá | N Pinto | M Vaz Patto

#### ***P23 - Health literacy, diabetes and physical activity: an umbrella review (Abstract 69)***

C Pena | IM Correia



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Sala 2 / Room 2

**Cuidados de saúde e literacia**  
**Health care and literacy**

**Moderadores / Moderators**

Prof. Irene Santos

Student Patrícia Raposo

***O50 - Interventions of nurses in promoting self-care of the elderly with hypertension: a scoping review (Abstract 26)***

J Regente | A Maduro | S Coelho | A Spínola | MC Figueiredo | C Godinho | S Ferreira

***O51 - Health literacy in diabetes of family caregivers: A scoping review (Abstract 35)***

D Pascoal | I Frazão | R Galante | MC Figueiredo | C Godinho | A Spínola | S Ferreira

***O52 - Promoting Health Literacy of Patients with Diabetes (Abstract 44)***

A Callado | O Gingeira | V Janeiro | M Marques

***O53 - Paperless Prescription – Access to the Treatment Guide in a Primary Care Unit (Abstract 62)***

D Sousa-Coelho | A Domingues | L Pinheiro | C Nogueira

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