

16 de MAIO



**1<sup>st</sup> International Congress on Health Literacy**  
*Paradigms and Knowledge in “diverse” contexts*

## Comunicações Orais e Posters Oral Presentations and Posters

Programa / Agenda

**17h00**

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*Sala 3 / Room 3*

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### Instituições Promotoras de Saúde Health Promotion Institutions

#### Moderadores / Moderators

Prof. Teresa Coelho  
Student Ana Augusto

#### ***O1 - The school of health of Santarém as school health promoter on citizen's health literacy (Abstract n39)***

MC Figueiredo | J Amendoeira | H Dias | A Spínola | C André | C Godinho | O Cruz | A Cândido | T Carreira | C Santiago

#### ***O2 - Prevention of alcohol consumption among young people: a contribution to health literacy (Abstract n24)***

C André | A Cândido | T Carreira | C Santiago | O Cruz | J Amendoeira

#### ***O3 - The school as a personal construction space: How to Prevent Bullying? (Abstract n23)***

T Carreira | C André | A Cândido | C Santiago | O Cruz | J Amendoeira

#### ***O54 - Health Literacy on 3rd cycle schoolchildren: preliminary study on a North interior school of Portugal (Abstract n81)***

M Ferreira | J Duarte | S Campos | H Dias

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Sala 4 / Room 4

**Literacia para a saúde e aprendizagem ao longo da vida**  
**Literacy in health and lifelong learning**

**Moderadores / Moderators**

Research Fellow Josué Duarte

Student Beatriz Cardoso

***O4 - Sexuality experiences in youth of the 3rd cycle: A scoping review (Abstract n27)***

C Neves | R Figueiredo | R David | H Dias | J Amendoeira | M Silva

***O5 - The Needs of Health Literacy on Sexuality and Affections in Adolescence - a systematic review (Abstract n34)***

M Coelho | R Coelho

***O6 - Sexual and Reproductive Health Literacy in College Students (Abstract n64)***

MJ Santos | E Ferreira | M Ferreira

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Sala 1 / Room 1

**Literacia para a saúde e aprendizagem ao longo da vida**  
**Literacy in health and lifelong learning**

**Moderadores / Moderators**

Prof. José Lourenço  
Student Carina Ribeiro

***O7 - The influence of peers on the experience of sexuality in adolescence: A scoping review (Abstract 49)***

H Dias | J Amendoeira | M Silva | O Cruz

***O8 - Impact evaluation of literacy on health in school from the third cycle of basic education: a scoping review (Abstract n15)***

MC Figueiredo | H Dias | J Amendoeira | A Spínola | C André | C Godinho | A Duarte | M Pintor | M Ferreira

***O9 - Here4You - Footsteps... Building the future: An action research project to prevent tobacco consumption in the 3rd Cycle (Abstract n40)***

C André | J Amendoeira | M C Figueiredo | M R Martins | C Pinto | M Nunes | L Rainha | A Godinho | M Ferreira | M Pintor | M Oliveira

***P1 - Prevention of smoking in adolescents who attend the 9th year of schooling (Abstract n6)***

J Regente | A Reis | S Pires

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Sala 7 / Room 7

**Tecnologia e Inovação na promoção da literacia para a saúde**  
**Innovation and Technology on health literacy promotion**

**Moderadores / Moderators**

Prof. Rosário Pinto

Student Francisco Fernandes

***O10 - Health literacy in older people with type 2 diabetes: preliminary findings (Abstract n9)***

A Henriques | A Pinto | A Santos | I Félix | A Cavaco | N Pimenta | A Mendes | I Costa e Silva | M P Guerreiro

***O11 - Health Literacy of children with Type 1 Diabetes (T1D): a play-based intervention (Abstract n36)***

R La Banca | E Carvalho | L Laffel | L Volkening | V Sparapani | L Nascimento

***P2 - Nutrition Knowledge of Portuguese Adolescents – a Pilot Evaluation of the Impact of Using an Interactive Multimedia Platform to Provide Nutrition Education (Abstract n52)***

J M Tallon | R Saavedra | A M Costa | J Narciso | A Barros | A J Silva



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Sala 6 / Room 6

**Literacia em saúde, bem-estar e qualidade de vida**  
**Health literacy, well-being and quality of life**

**Moderadores / Moderators**

Head Nurse Rosário Martins

Student Mariana Silva

***O12 - Influence of taekwondo practice with and without tatami in the bone maturation of adolescent athletes (Abstract 67)***

C Mata | M Branco | P Sequeira | F Rocha | C Dias

***O13 - Primary Progressive Aphasia: Measuring health-related quality of life after treatment (Abstract 42)***

I Cadório | D Figueiredo | P Martins | M Lousada

***O14 - Empowerment of the aged with arterial hypertension: a scoping review (Abstract 16)***

T Nóbrega | MC Figueiredo

***O15 - Analysis of the ground reaction forces in taekwondo adolescent athletes, during the practice with and without tatami (Abstract 68)***

C Mata | M Branco | P Sequeira | F Rocha

***O16 - Knowledge of visitors to Feira S. João about HIV-AIDS (Abstract 77)***

A Frias | M Sim-Sim | L Barros | A Chora | N Oliveira | A Pontes | R Leão

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Sala 5 / Room 5

**Literacia em saúde, bem-estar e qualidade de vida**  
**Health literacy, well-being and quality of life**

**Moderadores / Moderators**

Prof. Joaquim Duarte  
Student Miguel Oliveira

***O17 - The Capacity of Learning in the Quality of Life of the Informal Caregiver (Abstract 31)***

AC Silva | MA Dixe | R Loureiro | J Simões

***O18 - Development of help and surveillance technologies for dependent elderly people at home (Abstract 79)***

V Rodrigues | MJ Monteiro | S Soares | A Valente | S Silva | M Sousa | D Duarte | C Rainho | I Barroso

***P3 - Diaphragmatic Breathing Technique an Example of Motor Literacy for Health in Elderly with Isolated Systolic Hypertension (Abstract 8)***

D Catela | C Mercê

***P4 - Informal caregiver empowerment as part of the nursing care of outpatients with percutaneous endoscopic gastrostomy (Abstract 22)***

M Silveira | I Santos | C Godinho

***P5 - Self-care nursing engagement interventions of the dependent elder in a community context: a scoping review (Abstract 47)***

C Gonçalves | M Rodrigues | C Rodrigues | A Santos | C Godinho | MC Figueiredo | A Spínola | S Ferreira

***P6 - MHI Mental Health Inventory as a reference to the EBEPS Criteria (Abstract 25)***

S A Galinha | R São-João

***P7 - Psychosomatics and alterations in postural tone: contribution to Sports Health Literacy (Abstract 75)***

L Gonzaga | H S Monteiro

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*Sala Polivalente / Room Polyvalent*

**Desafios na literacia para a saúde**  
**Challenges in health literacy**

**Moderadores / Moderators**

Prof. Marta Rosa

Student Bárbara Mendes

***O19 - Health outcomes in long-term healthcare units: the case of the Care4Value project (Abstract 58)***

S Leal | S Oliveira | A Querido | A Sargento | H Carvalho | C Reis | M Maximiano | M Frederico

***O20 - Memory and Geriatric Depression: how health literacy can help patients to make choices (Abstract 78)***

S Ferraz | F Fernandes | J Gama | N Pinto | M Vaz Patto

***O21 - Health literacy and citizens health demand behaviour (Abstract 55)***

A Reis | M Frazão

***O22 - Health literacy measurement in high burden of disease context (Abstract 18)***

A Costa | M Arriaga

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Sala 2 / Room 2

**Cuidados de saúde e literacia**  
**Health care and literacy**

**Moderadores / Moderators**

Prof. Conceição Santiago  
Student Cristina Neves

***O23 - Promoting literacy for health in immigrants in primary health care (Abstract 3)***

A Reis

***O24 - The child/family. The centrality of care (Abstract 56)***

R Ferreira | J Gonçalves | H Sousa | J Amendoeira | M Silva

***O25 - Understanding the integration of non-conventional therapeutic modalities in nursing care (Abstract 29)***

I Santos | M Basto

***O26 - Grief in the community (Abstract 73)***

C Afonso | I Pereira

***O27 - Health of tourists who make river cruises on the Douro river (Abstract 80)***

V Rodrigues | C Almeida | J Castro | D Martins | F Freitas | A Carvalho | F Raimundo | C Antunes

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*Sala Laboratório / Room Laboratory*

## **Cuidados de saúde e literacia** **Health care and literacy**

### **Moderadores / Moderators**

Prof. Lurdes Torcato

Student Inês Casimiro

### ***P8 - Health literacy: a strategy for the humanization of childbirth (Abstract 2)***

D Carteiro | I Esteves | V Neves | M Néné

### ***P9 - Literacy in maternal health: a challenge at home (Abstract 4)***

E Pedrosa | D Carteiro

### ***P10 - The birth plan as an instrument of health literacy (Abstract 51)***

A Pinheiro | D Sardo

### ***P11 - Breast care nurse intervention in promotion of health literacy (Abstract 70)***

C Sarroeira | H Dias

### ***P12 - Concept analysis of health literacy: a nursing diagnosis proposal (Abstract 37)***

C Alvarenga | R La Banca | A Leite | W Alvarenga | L Nascimento | E Carvalho

### ***P13 - Checklist for the management of obesity in adults, in primary health care (Abstract 57)***

J Feliz | M Brito | P Rodrigues

### ***P14 - Therapeutic communication in nursing centered in the informal caregiver: a scoping review (Abstract 28)***

C Conceição | MJ Guedes | S Rosa | V Martins | MC Figueiredo | C Godinho | A Spínola | S Ferreira

### ***P15 - Children's health literacy in school – a scoping review (Abstract 66)***

M Vieira | A Reis | I Barroso

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